

# Ballynahinch Central Menu

Menu - Subject To Suppliers / Deliveries

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b>	Homemade Vegetable Soup	Chicken Curry & Rice Nann Bread / Salad or Assorted Sandwiches	Pasta Bolognaise <del>Garlic Bread</del> or Assorted Sandwiches	Roast Beef / Stuffing Gravy Carrot & Parsnip Dry Roast / Mashed Potatoes	Oven Baked Fish Peas / Sweetcorn Chips / Baked Potato Wheaten Bread
W/C <del>5-10-20</del>					
W/C <del>2-11-20</del>	Hot Dog & Saute Onions				
W/C <del>30-11-20</del>	Salad & Coleslaw				
W/C [redacted]					
W/C [redacted]					
W/C [redacted]	Flakemeal Biscuit	Fruit Muffin / Milkshake	Vanilla Sponge & Custard	Frozen Fruit Smoothie	Ice cream & Chocolate Sauce
<b>Week Two</b>	Filled Baked Potato	Chicken Curry & Rice	Lentil Soup	Roast Turkey / Stuffing	Oven Baked Fish in a Crumb
W/C <del>17-10-20</del>	Oven Baked Sausages	Crusty Bread / Salad	Steak Burger in a Soft Floury	Gravy	Coating
W/C <del>19-11-20</del>	Baked Beans	or	Bap	Broccoli / Cauliflower	Peas / Sweetcorn
W/C <del>7-12-20</del>	Dry Roasted Potato Wedges	Assorted Sandwiches	Saute Onions / Coleslaw	Dry Roast / Mashed Potatoes	Chips / Baked Potato
W/C [redacted]			Tossed Salad		Crusty Bread
W/C [redacted]					
W/C [redacted]	Chocolate Sponge & Custard	Melon & Yoghurt	Ginger Cookie	Ice Cream Tub	Fruit Muffin
<b>Week Three</b>	Beef Stew	Chicken Curry & Rice	Ham & Cheese Pizza	Roast Chicken / Stuffing	Fish Finger / Salmon Fishcake
W/C <del>19-10-20</del>	Baton Carrots	Nann Bread / Salad	Salad / Coleslaw	Gravy	Peas
W/C <del>16-11-20</del>	Mashed Potatoes	or	Herb Diced Potatoes	Broccoli	Chips / Baked Potato
W/C <del>14-12-20</del>		Assorted Sandwiches	or	Dry Roast / Mashed Potatoes	Wheaten Bread
W/C [redacted]			Assorted Sandwiches		
W/C [redacted]					
W/C [redacted]	Date Krispie	<del>Queen Cakes</del>	<del>Jelly + Ice Cream</del>	Flakemeal Biscuit	Frozen Mousse
<b>Week Four</b>	Filled Baked Potato	Chicken Curry & Rice	Steak Burger / Gravy	Roast Gammon / Stuffing	Oven Baked Fish in a Crumb
W/C <del>26-10-20</del>	Chicken Bites	Nann Bread / Salad	Medley of Fresh Vegetables	Gravy	Coating
W/C <del>23-11-20</del>	Baked Beans	or	Mashed Potatoes	Savoury Cabbage	Peas / Sweetcorn
W/C <del>21-12-20</del>	Herb Diced Potatoes	Assorted Sandwiches		Dry Roast / Mashed Potatoes	Chips / Baked Potato
W/C [redacted]					
W/C [redacted]	<del>SHORT BREAD</del>	Fruit Muffin	Frozen Yoghurt	Biscuit	Date Fudge Bar
W/C [redacted]					

BREAD, FRUIT, YOGHURT, MILK, WATER - AVAILABLE DAILY. Try something new today